Dear Friends,

In February, at our 10th Silent Samaritans Breakfast, we announced that Samaritan Interfaith would become SamaraCare. Forefront in our new messaging is the call to Choose Stronger—emphasizing that the same attitude should be taken with mental health as with physical health. Send Silence Packing (learn more inside) underscored our commitment to raising awareness and putting the stigma of mental health care behind us.

Not everything changed. Our partnership with Bridge Communities illustrates that expertise, compassion and spirit-led care remains at the heart of our counseling services as we lead people to live life to the best of their ability. Through our Mental Health Access Program, we remain committed to delivering high quality care to everyone regardless of their ability to pay.

Our consulting group is strengthening organizations and their leaders as they work to build bridges for greater impact in the community. See the back page for highlights.

This year we celebrated our 45th anniversary. We reached this impressive milestone because of our partners—those, like yourself, who believe in bringing progressive, life-changing mental health services to those who need them.

Keep choosing stronger,

Scott Mitchell, President & CEO

Consulting Highlights

Our connections with organizations and their leaders build bridges for greater impact in the community as we inspire, guide and empower organizations to meet the expectations that they, their members and the community hold. In the past year, we:

- Established 33 new relationships with congregations and 99 new individual contacts,
- Contracted work with 4 new denominations on both a local and regional level,
- Contracted coaching and assessments as a part of 2 substantial grants from partnering organizations,
- Developed The SamaraCare Virtual Consultant, an online follow-up tool that provides education for deeper understanding of concepts shared in the CAT, and resources for leadership and organizational development,
- Developed the SamaraCare Readiness for Change Assessment. This free online tool identifies how ready an individual leader and her/his organization is for change, and
- Hosted 55 clergy, staff and lay leaders representing 7 denominations at our annual ecumenical educational event, The Digital Cathedral.

PARTNERS IN MINISTRY

Community United Methodist Church
DuPage Unitarian Universalist Church
First United Methodist Church of Downers Grove
Geneva Lutheran Church
Good Shepherd Lutheran Church
Grace Pointe Church
Grace United Methodist Church
Holy Spirit Catholic Community
Knox Presbyterian Church
Naperville Christian Church
Notre Dame Catholic Church
Our Lady of Mercy Catholic Church
Our Saviour’s Lutheran Church
River Glen Presbyterian Church
St. Elizabeth Seton
St. John’s Lutheran Church
St. Margaret Mary Catholic Church
Saints Peter and Paul Catholic Church
St. Raphael Catholic Church
St. Thomas the Apostle Catholic Church
St. Timothy Lutheran Church

BOARD OF DIRECTORS

Pamela Wilson, Chair
Amanda Hartley, Vice Chair
Ken Overholt, Treasurer
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John Gallagher
Stephanie Jones-Kastelic
Scott Mitchell
Rev. Clinton Roberts
Andrew Heap
Melvin Kim
Erin O’Donnell
Beth Sack

2016-2017 Annual Report

SamaraCare helps people achieve their greatest potential by being compassionate and spirited counselors, consultants and advocates.
Send Silence Packing

SamaraCare along with North Central College was honored to host Send Silence Packing, a nationally recognized traveling exhibition of donated backpacks representing college students lost to suicide each year. The program—designed to raise awareness about the incidence and impact of suicide, connect people to needed mental health resources, and inspire action for suicide prevention—was experienced by over 4,000 people.

February 16, 2017

We debuted SamaraCare, our new name. Our 45th anniversary sparked an initiative to develop a greater presence in the community, create messaging that reached a larger audience, made it easier for people to get the care they need, and renewed our dedication to speak out and challenge the stigma surrounding mental health care.

What is a Samara?

Samara has two definitions both which suit us perfectly because they relate to our founding churches and tie-in with the aspirations we have for our clients. The word samara has origins in Hebrew and means: protected by God. It’s also a winged seed that can fly to fertile ground where it can grow and flourish.

SamaraCare wants the importance of mental health, access to mental health and the pursuit of mental health to be pervasive. We invite you to talk about mental health openly and honestly, and help put the stigma of mental health far behind us.

There is no Health without Mental Health

13,839 hours of treatment for 1,433 individuals, couples and families

$471,102 of fee subsidized care received by 465 clients

450 donations made to our Mental Health Access Program — helping people to Choose Stronger

Bridge Communities

SamaraCare is delighted to celebrate our collaboration with Bridge Communities, a non profit serving homeless families in DuPage County with mentoring, housing, and supportive services. "Bridge Communities is very pleased to have partnered with SamaraCare over the past two years. We’re proud to count their counseling services as a core part of our offerings. Trauma-informed care is essential for the families we serve to stabilize and ultimately achieve self-sufficiency," says John Hayner, Bridge CEO.

"SamaraCare is where I get counseling, and it is one of the best things to have ever happened to me. It helps me relieve my pressure and keep my sanity." – Kate, Bridge Communities & SamaraCare client

THANK YOU TO OUR DONORS!

Together we help people achieve their greatest potential. For a complete donor list and financial statements visit samaracarecounseling.org/about-us/annual-reports/

10th Annual Silent Samaritans Breakfast

We hosted the 10th Annual Silent Samaritans Breakfast on February 16, 2017. A beloved community event, the Silent Samaritan’s Breakfast is based on a simple idea full of quiet power: women helping other women in need.

The goal of the Silent Samaritans Program is to raise funds to provide counseling services to women who come to SamaraCare but cannot afford services. They are women in difficult financial circumstances due to divorce, job loss, or abandonment. They are mothers parenting alone, widows isolated in their bereavement, married women in failing relationships, and survivors of domestic abuse.

We're proud to count their counseling services as a core part of our offerings. Trauma-informed care is essential for the families we serve to stabilize and ultimately achieve self-sufficiency,” says John Hayner, Bridge CEO.

For all ages

<table>
<thead>
<tr>
<th>Age Range</th>
<th>Percentage</th>
</tr>
</thead>
<tbody>
<tr>
<td>0 - 12</td>
<td>23%</td>
</tr>
<tr>
<td>13 - 18</td>
<td>28%</td>
</tr>
<tr>
<td>19 - 59</td>
<td>25%</td>
</tr>
<tr>
<td>60+</td>
<td>24%</td>
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and all means

<table>
<thead>
<tr>
<th>Income Range</th>
<th>Percentage</th>
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<tbody>
<tr>
<td>Below Poverty - 39,999</td>
<td>23%</td>
</tr>
<tr>
<td>$40,000 - $59,999</td>
<td>32%</td>
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<tr>
<td>$60,000 - $79,999</td>
<td>21%</td>
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<tr>
<td>$80,000 - $99,999</td>
<td>14%</td>
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<tr>
<td>$100,000+</td>
<td>10%</td>
</tr>
<tr>
<td>Unidentified</td>
<td>1%</td>
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Thank you to our donors!
WORKING TOGETHER TO HELP PEOPLE ACHIEVE THEIR GREATEST POTENTIAL

SUSTAINERS $10,000 AND MORE
City of Naperville
Community Memorial Foundation
DuPage County Human Services
Exchange Club of Naperville
Knox Presbyterian Church
Ginny Lacy
Naperville Township
Our Saviour's Lutheran Church
Rotary Clubs of Naperville

BENEFACCTOR $9,999 TO $5,000
David and Barbara Burkhardt
Good Shepherd Lutheran Church
Molex Incorporated
Naperville Mayor’s Charity Fund
Northwestern Medicine
Lee Selandier and Iris Hannon
St. Raphael Catholic Church
St. Thomas the Apostle

PARTNERS $4,999 TO $2,500
BMO Harris Bank Naperville
Community United Methodist Church
Edward and Patty Crylen
St. Margaret Mary Catholic Church
Sts. Peter & Paul Catholic Church

SPONSORS $2,499 TO $1,000
Advisors Charitable Gift Fund
Brian and Deb Beaird
Beaird Group
Brenda J. DeGeer
DiGiovinne, Hnilo, Jordan & Johnson
Chip and Nonie Downing
Esser Hayes Insurance Group
Friedrich-Jones Funeral Home
Grace Pointe Church
Amanda and Lawrence Hartley
C. Clarke and June Imbler
DiGiovinne, Hnilo, Jordan & Johnson
Chip and Nonie Downing
Esser Hayes Insurance Group
Friedrich-Jones Funeral Home
Grace Pointe Church
Amanda and Lawrence Hartley
C. Clarke and June Imbler
In honor of Nancy Sayer and Scott Mitchell
Stephanie Jones-Kastelic and Jeff Kastelic
Melvin and Kimberly Kim
Kiwianis - Naperville Evening
Linden Oaks Hospital
Ginny Maloney
Scott and Barb Mitchell
Susan and Marshall Mortenson
Naperville Bank & Trust
Naperville Christian Church
Naperville Jaycees
Navistar, Inc.
Nico Gas
Notre Dame Catholic Church
Our Lady of Mercy Catholic Church
Kenneth and Margaret Overholt

PATRONS $499 TO $250
William and Cheryl Blum
Christina S. Borst
Steve and Barbara Burdette
David and Janet Christien
Donna Dziedzic
Bill and Karen Garlough
Mary S. Kearney
Erskine and Kathryn Klyce

Samaritans $999 TO $500
Gary and Gloria Baumgartner
Jerold and Corrine Borg
In honor of Karen Van Iten
Casey's Foods
CrossCountry Mortgage, Inc.
Edward Jones
Family Aligned, LLC
Mark and April Fecht
First Community Financial Bank
Richard and Sue Fleming
John and Jeannette Gallagher
Grace United Methodist Church
Green T Services, Inc.
John and Connie Janke
Raymond and Marilyn Jones
Christine Klein
Klein Hall CPAs
Rebecca Klopp
John and Cassie Kunsch
Lisle Savings Bank
Michael and Judith Loftus
Nina and Mark Menis
Greg Mercer
Howard and Jean Milkman
Naperville Dental Specialists
Northern Van Lines
Northern Trust Company
Ernie and Karen Pierz
Raymond James
Kathi Regas
Marlin and Margaret Reishus
James and Maureen Sault
Walter and Heather Schmidt
Duane and Connie Tiede
Steve and Harriet Treacy
Pamela and Doug Wilson

Nancy Kuske
John and Mary Ellen LaBahn
Ralph and Margaret Lambka
Kenneth A. Lehman
Bruce and Susan Mettel
Brien and Carolyn Nagle
Brian and Karen Patterson
Mark and Kim Putbrese
Norman and Esther Redelsheimer
Christine Robinson
James R. Rose
Barb Ryan
Steve and Sheila Sarovich
In honor of Deb Beaird and Pam Wilson
Mary Jane Schermer
Pamela Schwer
Char Slezkak and James Nosek
In memory of Mildred Slezkak
James and Alice Snelgrove
Harold and Katherine Spinka
Robert and Janet Van Iten

FRIENDS $249 TO $100
Dave Albrecht
Rebecca Anderson
Torie and Michael Arthofer
Jane Axley
Nettie Badgley
Roger Barney
Jack and Cheryl Bartz
Brand and Mary Ann Bobosky
Mike Bradburn and Krista Varshberg
Margaret and Mike Brennan
Kelly Bryant
Rudy Carl
Julie Carlsen
Maria Caselli
Mary Anne Castro
Estela Cefali
M. James and Margery Chesney
In memory of Mildred Slezkak
Vicki Coletta
Jeff and Brenda Davis
Karen DeAngelis
Kris Eike
Joy and Richard Elder
Scott and Leslie Elliott
Randy and Amy Ems
Mary Erlain
Ruth Feightner
Robert and Mary Ellen Fieseler
Carol Gallagher
Jennifer Gelston
John and Betty Gillen
Karen Golden
Susan Greenwood
Thousands of companies will double – or triple – their employees’ charitable contributions. Find out if your company matches gifts.
# Financials

For years end June 30, 2017

## Public Support and Revenue

<table>
<thead>
<tr>
<th></th>
<th>2017</th>
<th>2016</th>
</tr>
</thead>
<tbody>
<tr>
<td>Total Counseling Fees</td>
<td>$2,254,062</td>
<td>$2,342,137</td>
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<tr>
<td>Less Fee Subsidy</td>
<td>($471,102)</td>
<td>($476,447)</td>
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<tr>
<td>Less Managed Care Discounts</td>
<td>($471,131)</td>
<td>($455,010)</td>
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<tr>
<td>Net Counseling Fees</td>
<td>$1,311,829</td>
<td>$1,410,680</td>
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<tr>
<td>Consulting Fees</td>
<td>$123,997</td>
<td>$261,018</td>
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<tr>
<td>Counseling Contributions</td>
<td>$262,729</td>
<td>$261,029</td>
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<tr>
<td>Consulting Contributions</td>
<td>$162,500</td>
<td>$200,000</td>
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<tr>
<td>Special Events</td>
<td>$50,789</td>
<td>$31,047</td>
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<tr>
<td>In-Kind Donations</td>
<td>$41,396</td>
<td>$17,431</td>
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<tr>
<td>Rental/Interest/Other</td>
<td>$44,017</td>
<td>$43,487</td>
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<tr>
<td><strong>Total Public Support and Revenue</strong></td>
<td>$1,997,257</td>
<td>$2,224,692</td>
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## Expenses

<table>
<thead>
<tr>
<th></th>
<th>2017</th>
<th>2016</th>
</tr>
</thead>
<tbody>
<tr>
<td>Program Services</td>
<td>$1,561,214</td>
<td>$1,605,836</td>
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<tr>
<td>Rental Operations</td>
<td>$23,738</td>
<td>$27,075</td>
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<tr>
<td>Management and General</td>
<td>$291,891</td>
<td>$314,619</td>
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<tr>
<td>Fundraising</td>
<td>$144,303</td>
<td>$126,147</td>
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<tr>
<td><strong>Total Expenses</strong></td>
<td>$2,021,146</td>
<td>$2,073,677</td>
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<tr>
<td>Change in Net Assets</td>
<td>($23,889)</td>
<td>$151,015</td>
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</tbody>
</table>

## Assets

<table>
<thead>
<tr>
<th></th>
<th>2017</th>
<th>2016</th>
</tr>
</thead>
<tbody>
<tr>
<td>Current Assets</td>
<td>$672,716</td>
<td>$920,797</td>
</tr>
<tr>
<td>Net Property and Equipment</td>
<td>$935,473</td>
<td>$984,674</td>
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<tr>
<td>Intangible Assets</td>
<td>$84,320</td>
<td>$9,000</td>
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<tr>
<td>Cash and equivalents-permanently restricted</td>
<td>$7,500</td>
<td>$7,500</td>
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<tr>
<td>Other long-term assets</td>
<td>$14,000</td>
<td>$16,594</td>
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<tr>
<td><strong>Total Assets</strong></td>
<td>$1,714,009</td>
<td>$1,938,565</td>
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</tbody>
</table>

## Liabilities

<table>
<thead>
<tr>
<th></th>
<th>2017</th>
<th>2016</th>
</tr>
</thead>
<tbody>
<tr>
<td>Total Current Liabilities</td>
<td>$291,826</td>
<td>$448,851</td>
</tr>
<tr>
<td>Mortgage Payable (less current)</td>
<td>$648,219</td>
<td>$691,861</td>
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<tr>
<td><strong>Total Liabilities</strong></td>
<td>$940,045</td>
<td>$1,140,712</td>
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<tr>
<td><strong>Total Net Assets</strong></td>
<td>$773,964</td>
<td>$797,853</td>
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<tr>
<td><strong>Total Liabilities and Net Assets</strong></td>
<td>$1,714,009</td>
<td>$1,938,565</td>
</tr>
</tbody>
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