

# Virtual Exploring Grief Group

*Sponsored by three North Shore congregations*



## SamaraCare Counseling

*Formerly Samaritan Counseling Center*

**Winter Session:  
February 10 - March 31**

**Meets Every Thursday  
7:00PM - 8:30PM**

**Virtual Sessions!**

SamaraCare's Exploring Grief Group is for those who have experienced the death of someone significant. Group members support each other and discuss some ways loss can impact their lives. This virtual grief group provides:

- Information about the grief process
- Offers a safe space to share experiences
- Helps alleviate the feeling of isolation

This program is offered virtually in two 8-week sessions, with the winter session beginning in February. Three North Shore congregations have come together to sponsor this program, making it available at no cost to participants. The group is facilitated by an experienced professional counselor.

For more information, please contact Joellen Hosler, PhD, M.Div, LCPC at 847-446-6955, ext. 419 or [jhosler@samaracarecounseling.org](mailto:jhosler@samaracarecounseling.org). Space is limited.

**Sponsored by Christ Church Winnetka,  
Kenilworth Union Church, Winnetka Congregational Church**