

# FY 22

7/1/21-6/30/22

## ANNUAL REPORT



SamaraCare<sup>®</sup>

Choose Stronger

### LETTER FROM OUR CEO

Dear Friends,

FY22 was one of purposeful growth and great accomplishment! The organization grew strategically, and our clinical staff helped our clients grow in their courageous journeys to improved mental health. The demand for mental health services reached new levels and our clinical staff responded by delivering another record setting number of clinical hours. However, we never lose sight of our mission, namely our commitment to help everyone, including those with financial challenges receive quality mental health care while valuing the integration of spirituality in therapy.

We successfully completed the acquisition of Wellspring Clinical Assoc., a thriving psychiatric practice. This enabled us to achieve the goal of offering both client-centered counseling services as well as psychiatric care within one organization. It also increased our clinical staff and enhanced our autism services. Most importantly, the new services have resonated with our clients and funders. Future plans include expanding our Mental Health Access Program to include reduced cost care for psychiatric services.

In June we celebrated our 50th Anniversary with an in-person benefit which honored our rich history and looked towards a promising future. It was wonderful to be together again and have so many of you share in this milestone event which raised over \$220,000!

All of this growth required us to look at the capacity of our leadership team. After careful consideration, we created a new full-time Executive Director position. We were fortunate to have the right person to take on this role already on our team, Rev. Dr. Michael Bradburn, our West Region Clinical Director and counselor. As CEO & President, I will dedicate more time to expanding the North Region and scope of our Mental Health Access Program.

Of course, none of our achievements would have been possible without the unwavering support of our donors. Together we change lives for the better, and ultimately that's what SamaraCare is all about.

Gratefully,

Rev. Dr. Scott Mitchell  
President & CEO



Board of Directors



50th Anniversary Dinner

### BOARD OF DIRECTORS

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### SAMARACARE LEADERSHIP

Rev. Dr. Scott Mitchell  
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Dr. Michael Bradburn  
Executive Director

Dr. Tom DiMatteo  
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Monica Guilhot-Chartrand  
Clinical Director – West Region

Rev. Joellen Hosler  
Clinical Director – North Region

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Director of Finance

William B. Peterson  
Director of Development –  
Corporate and West Region

Anita Scott  
Director of Development –  
North Region

### OUR MISSION

SamaraCare helps people achieve their greatest potential by being compassionate and spirit-led counselors, consultants and advocates.

## MENTAL HEALTH ACCESS PROGRAM

While the majority of our clients have insurance, we are committed to providing reduced cost psychotherapy to under-resourced populations on a sliding fee scale basis.

In addition, SamaraCare provides nominal discounts to uninsured or under-insured clients receiving psychiatric services. This process will continue pending a more formal expansion of the MHAP to provide greater reduced cost psychiatric care.

We also fund the mental health care needs of extremely low-income clients of collaborating nonprofit organizations who have significant mental health challenges due to circumstances beyond their control.

Total clients receiving reduced cost care:

644

Total reduced cost care:

\$547,738

Fee subsidy per client:

\$1,617.64

= 9.8 clinical visits at no charge

Percent of client base receiving reduced cost care:

23%

Percent of MHAP clients <250% of Federal Poverty Level:

83%

The program is largely supported by the generosity of the community including contributions from individuals, corporations, congregations, as well as revenue from local government and foundation grants and special events.

A Special Thank You  
To All Our Donors  
Who Support Our Mission

## OUR GOALS

1. To provide affordable access to quality mental health care services for under-resourced individuals, couples and families.

2. To raise the quality of our client's lives and help them to reach balance, wellness and increased self-sufficiency by enhancing their ability to cope with life's stressors.

## COMMUNITY IMPACT SUMMARY

### Organizational Highlights

- Acquired Wellspring Clinical Associates, a psychiatric/autism care practice, as part of a long-term vision of becoming a "medical home" for providing comprehensive behavioral health care services.
- Expanded the leadership team to include Executive Director and Medical Director positions due to organization growth.
- Delivered a record 27,657 clinical hours of treatment to 2,860 clients.
- Marked our 50th anniversary with a Celebration & Benefit on June 10, 2022 that raised over \$220,000 in contributions.

### Clinical Highlights

- Total clinical hours of service: **27,657**
- Total clients served: **2,860**
- Total households served: **2,556**
- Total Intakes: **749**
- Avg # of sessions per household: **26**
- Total mental health screening visits: **415** visits; **246 (59.3%)** screening completions
- Total Staff: **44**; Total Therapists: **34**
- Referral sources: Friends/Family: 24%; Website: 18%; Congregations: 16%; Former Clients: 13%; Insurance: 8%; Physicians: 7%; Other: 14%

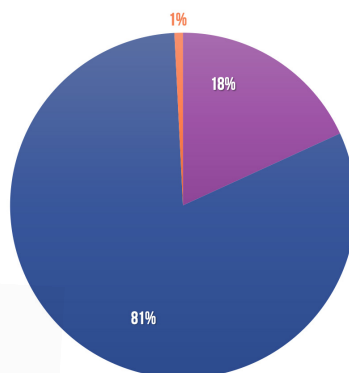
### Client Impact

SamaraCare measures the impact of its mental health counseling services through client improvement and client satisfaction surveys.

Results for 2022 were as follows:

- **85%** of clients completing 10 or more counseling sessions increased their Global Assessment of Functioning (GAF) score.
- **87%** of clients agreed their personal/professional relationships had improved as a result of treatment.
- **91%** of clients agreed they were satisfied with their accomplishments from therapy.
- **93%** of clients agreed their therapist helped them to improve their coping skills to better handle problems, conflict and stress.
- **95%** of clients agreed that their therapist's interventions and interactions were helpful.

## FINANCIAL SUMMARY



Support & Revenue	FY 2022 (\$)
Donations/Grants	826,957
Counseling/Consulting Fees	3,690,485
Other/Donated Services	36,078
<b>Total Revenue</b>	<b>4,553,520</b>

Expenses	FY 2022 (\$)
Program Services	3,501,450
Management & General	520,065
Fundraising	176,860
<b>Total Expenses</b>	<b>4,198,375</b>

