

"As the newly elected Chairman of our church, I discovered we did not know who we were, what was our role in the community nor what we individually needed to move us in a new direction.

What we did know is that we had not had a permanent pastor for over a year and our Church membership and attendance was declining.

We reached out to SamaraCare Consulting. What we received was expertise in honest self evaluation for the organization; a "hands on" direction with caring support; and enormous energy and enthusiasm.

Looking oneself in a mirror is not easy for an individual and can be even more daunting for a church.

SamaraCare Consulting and their incredible staff stood next to us and helped us identify our blemishes yet find our beauty as well. Thanks SamaraCare Consulting."

*Chairman of the Board,  
Word of Life Lutheran Church*

Visit us online at [samaracarecounseling.org](http://samaracarecounseling.org) and [samaracareconsulting.org](http://samaracareconsulting.org) call us at 630-357-2456



## Consulting Highlights

Our connections with organizations and their leaders build bridges for greater impact in the community as we inspire, guide and empower organizations to meet the expectations that they, their members and the community hold. In the past year, we:

- Established 33 new relationships with congregations and 99 new individual contacts,
- Contracted work with 4 new denominations on both a local and regional level,
- Contracted coaching and assessments as a part of 2 substantial grants from partnering organizations,
- Developed **The SamaraCare Virtual Consultant**, an online follow-up tool that provides education for deeper understanding of concepts shared in the CAT, and resources for leadership and organizational development,
- Developed the **SamaraCare Readiness for Change Assessment**. This free online tool identifies how ready an individual leader and her/his organization is for change, and
- Hosted 55 clergy, staff and lay leaders representing 7 denominations at our annual ecumenical educational event, *The Digital Cathedral*



**SamaraCare**

1819 Bay Scott Circle, Suite 109  
Naperville, IL 60540

NONPROFIT  
ORGANIZATION  
U.S. POSTAGE  
PAID  
NAPERVILLE, IL  
PERMIT #1921

<<Primary Addressee>>  
<<Preferred Address Line 1>>  
<<Preferred City\_ State>>, <<Preferred ZIP>>



*SamaraCare helps people achieve their greatest potential by being compassionate and spirited counselors, consultants and advocates.*

# FY17 Annual Report

## PARTNERS IN MINISTRY

Community United Methodist Church  
DuPage Unitarian Universalist Church  
First United Methodist Church of  
Downers Grove  
Geneva Lutheran Church  
Good Shepherd Lutheran Church  
Grace Pointe Church  
Grace United Methodist Church  
Holy Spirit Catholic Community  
Knox Presbyterian Church  
Naperville Christian Church  
Notre Dame Catholic Church  
Our Lady of Mercy Catholic Church  
Our Saviour's Lutheran Church  
River Glen Presbyterian Church  
Saint Elizabeth Seton  
St. John's Lutheran Church  
St. Margaret Mary Catholic Church  
Saints Peter and Paul Catholic Church  
St. Raphael Catholic Church  
St. Thomas the Apostle Catholic Church  
St. Timothy Lutheran Church

## BOARD OF DIRECTORS

Pamela Wilson, Chair  
Amanda Hartley, Vice Chair  
Ken Overholt, Treasurer  
William H. Wentz, Secretary  
  
John Gallagher  
Stephanie Jones-Kastelic  
Scott Mitchell  
Rev. Clinton Roberts  
  
Andrew Heap  
Melvin Kim  
Erin O'Donnell  
Beth Sack

Dear Friends,

In February, at our 10th Silent Samaritans Breakfast, we announced that Samaritan Interfaith would become SamaraCare. Forefront in our new messaging is the call to Choose Stronger—emphasizing that the same attitude should be taken with mental health as with physical health. Send Silence Packing (learn more inside) underscored our commitment to raising awareness and putting the stigma of mental health care behind us.



Not everything changed. Our partnership with Bridge Communities illustrates that expertise, compassion and spirit-led care remains at the heart of our counseling services as we lead people to live life to the best of their ability. Through our Mental Health Access Program, we remain committed to delivering high quality care to everyone regardless of their ability to pay.

Our consulting group is strengthening organizations and their leaders as they work to build bridges for greater impact in the community. See the back page for highlights.

This year we celebrated our 45th anniversary. We reached this impressive milestone because of our partners - those, like yourself, who believe in bringing progressive, life-changing mental health services to those who need them.

Keep choosing stronger,

Scott Mitchell, President & CEO

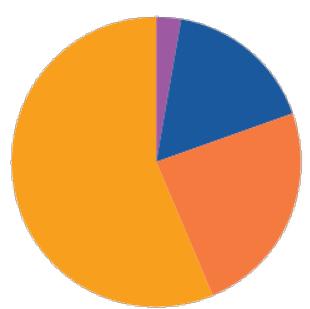
## Send Silence Packing

SamaraCare along with North Central College was honored to host Send Silence Packing, a nationally recognized traveling exhibition of donated backpacks representing college students lost to suicide each year. The program—designed to raise awareness about the incidence and impact of suicide, connect people to needed mental health resources, and inspire action for suicide prevention—was experienced by over 4,000 people.



SamaraCare wants the importance of mental health, access to mental health and the pursuit of mental health to be pervasive. We invite you to talk about mental health openly and honestly, and help put the stigma of mental health far behind us.

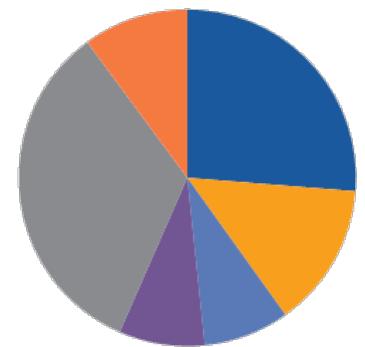
### For all ages



Age Range  
■ 0 - 12  
■ 13 - 18  
■ 19 - 59  
■ 60 +

### and all means

- Below Poverty - 39,999
- \$40,000 - \$59,999
- \$60,000 - \$79,999
- \$80,000 - \$99,999
- \$100,000 +
- Unidentified



## There is no Health without Mental Health

**\$471,102  
of fee subsidized care received  
by 465 clients**

**450 donations made to our  
Mental Health Access Program  
— helping people to**

**Choose Stronger**

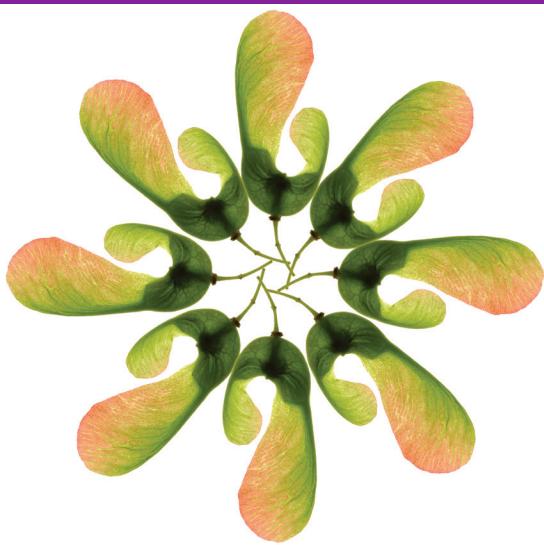
**13,839 hours of treatment for 1,433  
individuals, couples and families**

## February 16, 2017

We debuted SamaraCare, our new name. Our 45th anniversary sparked an initiative to develop a greater presence in the community, create messaging that reached a larger audience, made it easier for people to get the care they need, and renewed our dedication to speak out and challenge the stigma surrounding mental health care.

### What is a Samara?

Samara has two definitions both which suit us perfectly because they relate to our founding churches and tie-in with the aspirations we have for our clients. The word samara has origins in Hebrew and means: protected by God. It's also a winged seed that can fly to fertile ground where it can grow and flourish.



### 10<sup>th</sup> Annual Silent Samaritans Breakfast

*"Planting Seeds of Hope"*

We hosted the 10th Annual Silent Samaritans Breakfast on February 16, 2017. A beloved community event, the Silent Samaritan's Breakfast is based on a simple idea full of quiet power: women helping other women in need.

The goal of the Silent Samaritans Program is to raise funds to provide counseling services to women who come to SamaraCare but cannot afford services.

They are women in difficult financial circumstances due to divorce, job loss, or abandonment. They are mothers parenting alone, widows isolated in their bereavement, married women in failing relationships, and survivors of domestic abuse.

### THANK YOU TO OUR DONORS!

Together we help people achieve their greatest potential. For a complete donor list and financial statements visit [samaracarecounseling.org/about-us/annual-reports/](http://samaracarecounseling.org/about-us/annual-reports/)

SamaraCare is delighted to celebrate our collaboration with Bridge Communities, a non profit serving homeless families in DuPage County with mentoring, housing, and supportive services. "Bridge Communities is very pleased to have partnered with SamaraCare over the past two years. We're proud to count their counseling services as a core part of our offerings. Trauma-informed care is essential for the families we serve to stabilize and ultimately achieve self-sufficiency," says John Hayner, Bridge CEO.



"SamaraCare is where I get counseling, and it is one of the best things to have ever happened to me. It helps me relieve my pressure and keep my sanity." Kate, Bridge Communities & SamaraCare client

# WORKING TOGETHER TO HELP PEOPLE ACHIEVE THEIR GREATEST POTENTIAL

## **SUSTAINERS \$10,000 AND MORE**

City of Naperville  
Community Memorial Foundation  
DuPage County Human Services  
Exchange Club of Naperville  
Knox Presbyterian Church  
Ginny Lacy  
Naperville Township  
Our Saviour's Lutheran Church  
Rotary Clubs of Naperville

## **BENEFATOR \$9,999 TO \$5,000**

David and Barbara Burkhardt  
Good Shepherd Lutheran Church  
Molex Incorporated  
Naperville Mayor's Charity Fund  
Northwestern Medicine  
Lee Selander and Iris Hannon  
St. Raphael Catholic Church  
St. Thomas the Apostle

## **PARTNERS \$4,999 TO \$2,500**

BMO Harris Bank Naperville  
Community United Methodist Church  
Edward and Patty Crylen  
St. Margaret Mary Catholic Church  
Sts. Peter & Paul Catholic Church

## **SPONSORS \$2,499 TO \$1,000**

Advisors Charitable Gift Fund  
Brian and Deb Beaird  
Beaird Group  
Brenda J. DeGeer  
DiGiovine, Hnilo, Jordan & Johnson  
Chip and Nonie Downing  
Esser Hayes Insurance Group  
Friedrich-Jones Funeral Home  
Grace Pointe Church  
Amanda and Lawerence Hartley  
C. Clarke and June Imbler  
In honor of Nancy Sayer and Scott Mitchell  
Stephanie Jones-Kastelic and Jeff Kastelic  
Melvin and Kimberly Kim  
Kiwanis - Naperville Evening  
Linden Oaks Hospital  
Ginny Maloney  
Scott and Barb Mitchell  
Susan and Marshall Mortenson  
Naperville Bank & Trust  
Naperville Christian Church  
Naperville Jaycees  
Navistar, Inc.  
Nicor Gas  
Notre Dame Catholic Church  
Our Lady of Mercy Catholic Church  
Kenneth and Margaret Overholt

River Glen Presbyterian Church  
Russell and JoAnn Sault  
James and Kathy Schlesser  
Marti and Jim Schmidt  
Ray and Mary Schulte  
St. John's Lutheran Church  
Maureen Sullivan Taylor  
Bill and Anne Wentz

## **SAMARITANS \$999 TO \$500**

Gary and Gloria Baumgartner  
Jerold and Corrine Borg  
In honor of Karen Van Iten  
Casey's Foods  
CrossCountry Mortage, Inc.  
Edward Jones  
Family Aligned, LLC  
Mark and April Fecht  
First Community Financial Bank  
Richard and Sue Fleming  
John and Jeannette Gallagher  
Grace United Methodist Church  
Green T Services, Inc.  
John and Connie Janke  
Raymond and Marilyn Jones  
Christine Klein  
Klein Hall CPAs  
Rebecca Klopp  
John and Cassie Kunsch  
Lisle Savings Bank  
Michael and Judith Loftus  
Nina and Mark Menis  
Greg Mercer  
Howard and Jean Milkman  
Naperville Dental Specialists  
National Van Lines  
Northern Trust Company  
Ernie and Karen Pierz  
Raymond James  
Kathi Regas  
Marlin and Margaret Reishus  
James and Maureen Sault  
Walter and Heather Schmidt  
Duane and Connie Tiede  
Steve and Harriet Treacy  
Pamela and Doug Wilson

## **PATRONS \$499 TO \$250**

William and Cheryl Blum  
Christina S. Borst  
Steve and Barbara Burdette  
David and Janet Christein  
Donna Dziedzic  
Bill and Karen Garlough  
Mary S. Kearney  
Erskine and Kathryn Klyce

Nancy Kuske  
John and Mary Ellen LaBahn  
Ralph and Margaret Lambka  
Kenneth A. Lehman  
Bruce and Susan Mettel  
Brien and Carolyn Nagle  
Brian and Karen Patterson  
Mark and Kim Putbrese  
Norman and Esther Redelsheimer  
Christine Robinson

James R. Rose  
Barb Ryan  
Steve and Sheila Sarovich  
In honor of Deb Beaird and Pam Wilson  
Mary Jane Schermer  
Pamela Schwer  
Char Slezak and James Nosek  
In memory of Mildred Slezak  
James and Alice Snelgrove  
Harold and Katherine Spinka  
Robert and Janet Van Iten

## **FRIENDS \$249 TO \$100**

Dave Albrecht  
Rebecca Anderson  
Torie and Michael Arthofer  
Jane Axley  
Nettie Badgley  
Roger Barney  
Jack and Cheryl Bartz  
Brand and Mary Ann Bobosky  
Mike Bradburn and Krista Varsbergs  
Margaret and Mike Brennan  
Kelly Bryant  
Rudy Carl  
Julie Carlsen  
Maria Caselli  
Mary Anne Castro  
Estela Cefali  
M. James and Margery Chesney  
In memory of Mildred Slezak  
Vicki Coletta  
Jeff and Brenda Davis  
Karen DeAngelis  
Kris Eike  
Joy and Richard Elder  
Scott and Leslie Elliott  
Randy and Amy Ems  
Mary Erlain  
Ruth Feightner  
Robert and Mary Ellen Fieseler  
Carol Gallagher  
Jennifer Gelston  
John and Betty Gillen  
Karen Golden  
Susan Greenwood

## **FRIENDS \$249 TO \$100**

Lynn Harrington  
Bernie and Cindy Hennessy  
Paul Hinterlong  
Mary Lynn Hoffer  
Kathryn Hoffman  
Michelle and Randall Iskowitz  
Michael and Patricia Jarrell  
Richard and Ellen Jensen  
Alissa Johnson Tripas  
Alma and Greg Jones  
Cindy Karis and Harold Bullard  
John Kelly  
Frank and Natalie Kesman  
Glenn King  
Suzanne Kinn  
Margaret Kroencke  
In honor of Dr. Dawn Kroencke  
Frederick and Linda Kviz  
Mary Laidman  
Natasha Marriner  
Larry and Carol McCoy  
Ed and Julie McCutcheon  
Barry McKeown  
William and Elaine McManus  
Pat Merryweather  
Sally Miller  
Gregg and Betty Ann Morton  
Maureen Mulvenna-Keough  
Lori Nalefski  
Naper Grove Vision Care  
Mark and Carolyne Nelson  
Melba J. Ott  
Virginia Ovens  
Bethanne Panos  
Deborah Paton  
Kenneth and Tammy Potts  
Charles and Margaret Price  
Clinton and Deborah Roberts  
John Ryan  
Christine Saper  
Nancy and Mike Sayer  
Cynthia Schmidt  
John and Pat Schmitt  
Scott and Sue Schreiber  
Keith and Kay Selin  
Gina Sharp  
John and Ellen Slack  
Tom and Laura Starke  
Marian Stricker  
Ronald and Dawn Struxness  
Donald and Barbara Swanson  
Susan and William Swedler  
Matthew and Alyssa Van Iten  
In honor of Karen Van Iten  
Pamela Vincent  
Celeste Wagner  
Donald and Mary Jo Weber  
Suzanne Welsh

## **Dennis and Rosemary Wisnosky**

Jill Wittwer

## **SUPPORTERS UP TO \$99**

Kay Albach  
Jennifer Alberto  
Miranda Barfus  
Marilyn Barnes  
Lillian Baroni  
Ellen C. Bartel  
Jill Bates  
Virginia Battle  
In memory of Dave and Jo Battle  
Carol Boals  
Diane L. Canali  
Catherine Carr  
Stacy Colgan  
Don and Ginny Cunningham  
Margaret Enright  
Floyd and Marilyn Ermer  
Verna Maria Fair  
Harris and Ruth Fawell  
Mary French  
In memory of Frank Raymond Gallagher  
Kathy Gingrich  
Michael and Joan Grzeskowiak  
David and Lisa Hamman  
Pete and Sue Harvey  
Linda Haworth  
Eric and Patricia Heinekamp  
Gloria Henderson  
Bruce and Saralea Holstrom  
Shaylene Hoover  
Lara Hryntko  
In appreciation of Ken and Kathy Parenti  
Nick and Dee Huie  
Nancy Hull  
Paul and Mary Ann Junkroski  
Dagmar Kauffman  
Anju and Samir Khanna  
Donald and Heather Klenner  
David Kruse  
Mary and Richard Kuhn  
Susan Lampariello  
Leo and Carolyn LeSage  
Hermina Leuring  
Bruce and Delores Lund  
Jo Lundeen  
Karyn Malm  
Tom and Rita Matherne  
Patti McGehee  
Tom and Cheryl McRoberts  
Mary Mendes de Leon  
Patricia Minta  
Susan Mitchell  
In appreciation of Sister Pat Kolas  
Mark Mitrovich  
James and Carol Nelson  
Jennifer and David Patzelt  
Uda Potgieter

## **John and Linda Rossi**

Anne Schultz  
Ashley Schwabe  
Kathryn and Gary Severyn  
Kim Spayer  
Jerome and Gail Springborn  
Nancy and Eric Storm  
Tracy and Eric Takeda  
Adelina Tulo  
Madhu Uppal  
Denise Vaughn  
Mary Walsh  
Bonnie Wayman-Dodd  
W. F. and Maria Wilson

## **CLINICAL STAFF**

Rev. Scott Mitchell, Psy.D., President/CEO  
Rev. Michael Bradburn, D. Min., LCSW  
Susan English, LCSW, CADC  
Donna Fletcher, LCSW  
Monica Guilhot -Chartrand, LCSW  
Starlene Kelley, LCSW, CADC  
Gail Meyer, LCSW  
Rev. Howard Milkman, Ph.D., LCPC  
Genalin Niere-Metcalf, R.N.,MA, Psy.D.  
Tracy Takeda, MA, LCPC  
Jeremy Omerod, MA, LCPC  
Rev. Kenneth Potts, MS, D. Min  
Charlene Slezak, Psy.D.  
Philip Vedova, MA, LPC  
Dana Wagner, Psy.D., CADC

## **CONSULTING STAFF**

Nancy Sayer, MS, PCC Director  
Amy Altenbern  
Rev. Dr. Michael W. Bradburn, LCSW  
Susan Tamborini Czolgosz

## **ADMINISTRATION**

Deb Carroll  
Karen Doyle  
Kris Eike  
Kim Grochmal

## **Corporate Matching Gifts**

AbbVie Foundation  
Allstate Insurance  
Illinois Tool Works Foundation  
Phoenix Closures, Inc.  
Salesforce.com Foundation  
Umpqua Bank  
Unilever Foundation  
United Health Group

**Thousands of companies will double – or triple – their employees’ charitable contributions.  
Find out if your company matches gifts.**

# Financials



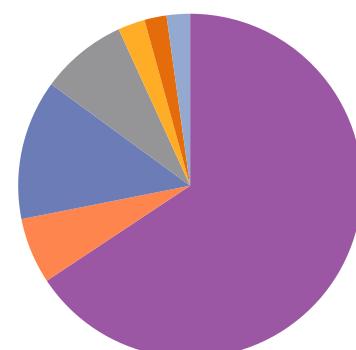
SamaraCare

Choose Stronger

For years end June 30, 2017

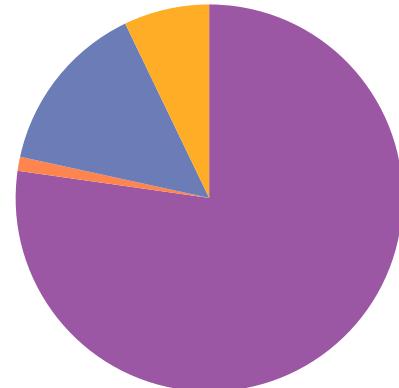
Public Support and Revenue	2017	2016
Total Counseling Fees	\$2,254,062	\$2,342,137
Less Fee Subsidy	(\$471,102)	(\$476,447)
Less Managed Care Discounts	(\$471,131)	(\$455,010)
Net Counseling Fees	\$1,311,829	\$1,410,680
Consulting Fees	\$123,997	\$261,018
Counseling Contributions	\$262,729	\$261,029
Consulting Contributions	\$162,500	\$200,000
Special Events	\$50,789	\$31,047
In-Kind Donations	\$41,396	\$17,431
Rental\Interest\Other	\$44,017	\$43,487
<b>Total Public Support and Revenue</b>	<b>\$1,997,257</b>	<b>\$2,224,692</b>
<b>Expenses</b>		
Program Services	\$1,561,214	\$1,605,836
Rental Operations	\$23,738	\$27,075
Management and General	\$291,891	\$314,619
Fundraising	\$144,303	\$126,147
<b>Total Expenses</b>	<b>\$2,021,146</b>	<b>\$2,073,677</b>
Change in Net Assets	\$(23,889)	\$151,015
<b>Assets</b>		
Current Assets	\$672,716	\$920,797
Net Property and Equipment	\$935,473	\$984,674
Intangible Assets	\$84,320	\$9,000
Cash and equivalents-permanently restricted	\$7,500	\$7,500
Other long-term assets	\$14,000	\$16,594
<b>Total Assets</b>	<b>\$1,714,009</b>	<b>\$1,938,565</b>
<b>Liabilities</b>		
Total Current Liabilities	\$291,826	\$448,851
Mortgage Payable (less current)	\$648,219	\$691,861
Total Liabilities	\$940,045	\$1,140,712
Total Net Assets	\$773,964	\$797,853
<b>Total Liabilities and Net Assets</b>	<b>\$1,714,009</b>	<b>\$1,938,565</b>

## Sources of Funding



- Net Counseling Fees
- Consulting Fees
- Counseling Contributions
- Consulting Contributions
- Special Events
- In-Kind Donations
- Rental\Interest\Other

## Operating Expenses



- Program Services
- Rental Operations
- Management and General
- Fundraising