

“As the newly elected Chairman of our church, I discovered we did not know who we were, what was our role in the community nor what we individually needed to move us in a new direction.

What we did know is that we had not had a permanent pastor for over a year and our Church membership and attendance was declining.

We reached out to SamaraCare Consulting. What we received was expertise in honest self evaluation for the organization; a "hands on" direction with caring support; and enormous energy and enthusiasm.

Looking oneself in a mirror is not easy for an individual and can be even more daunting for a church.

SamaraCare Consulting and their incredible staff stood next to us and helped us identify our blemishes yet find our beauty as well. Thanks SamaraCare Consulting.”

*Chairman of the Board,  
Word of Life Lutheran Church*



1819 Bay Scott Circle, Suite 109  
Naperville, IL 60540

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*SamaraCare helps people achieve their greatest potential by being compassionate and spirited counselors, consultants and advocates.*

# FY17 Annual Report

Visit us online at [samaracarecounseling.org](http://samaracarecounseling.org) and [samaracareconsulting.org](http://samaracareconsulting.org) call us at 630-357-2456



## Consulting Highlights

Our connections with organizations and their leaders build bridges for greater impact in the community as we inspire, guide and empower organizations to meet the expectations that they, their members and the community hold. In the past year, we:

- Established **33 new relationships** with congregations and **99 new individual contacts**,
- Contracted work with **4 new denominations** on both a local and regional level,
- Contracted coaching and assessments as a part of **2 substantial grants** from partnering organizations,
- Developed **The SamaraCare Virtual Consultant** , an online follow-up tool that provides education for deeper understanding of concepts shared in the CAT, and resources for leadership and organizational development,
- Developed the **SamaraCare Readiness for Change Assessment**. This free online tool identifies how ready an individual leader and her/his organization is for change, and
- Hosted **55 clergy, staff and lay leaders** representing **7 denominations** at our annual ecumenical educational event, *The Digital Cathedral*

### PARTNERS IN MINISTRY

Community United Methodist Church  
DuPage Unitarian Universalist Church  
First United Methodist Church of  
Downers Grove  
Geneva Lutheran Church  
Good Shepherd Lutheran Church  
Grace Pointe Church  
Grace United Methodist Church  
Holy Spirit Catholic Community  
Knox Presbyterian Church  
Naperville Christian Church  
Notre Dame Catholic Church  
Our Lady of Mercy Catholic Church  
Our Saviour's Lutheran Church  
River Glen Presbyterian Church  
Saint Elizabeth Seton  
St. John's Lutheran Church  
St. Margaret Mary Catholic Church  
Saints Peter and Paul Catholic Church  
St. Raphael Catholic Church  
St. Thomas the Apostle Catholic Church  
St. Timothy Lutheran Church

### BOARD OF DIRECTORS

Pamela Wilson, Chair  
Amanda Hartley, Vice Chair  
Ken Overholt, Treasurer  
William H. Wentz, Secretary

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Stephanie Jones-Kastelic  
Scott Mitchell  
Rev. Clinton Roberts

Andrew Heap  
Melvin Kim  
Erin O'Donnell  
Beth Sack

Dear Friends,

In February, at our 10th Silent Samaritans Breakfast, we announced that Samaritan Interfaith would become SamaraCare. Forefront in our new messaging is the call to Choose Stronger—emphasizing that the same attitude should be taken with mental health as with physical health. Send Silence Packing (learn more inside) underscored our commitment to raising awareness and putting the stigma of mental health care behind us.

Not everything changed. Our partnership with Bridge Communities illustrates that expertise, compassion and spirit-led care remains at the heart of our counseling services as we lead people to live life to the best of their ability. Through our Mental Health Access Program, we remain committed to delivering high quality care to everyone regardless of their ability to pay.

Our consulting group is strengthening organizations and their leaders as they work to build bridges for greater impact in the community. See the back page for highlights.

This year we celebrated our 45th anniversary. We reached this impressive milestone because of our partners - those, like yourself, who believe in bringing progressive, life-changing mental health services to those who need them.

Keep choosing stronger,

Scott Mitchell , President & CEO





# Send Silence Packing

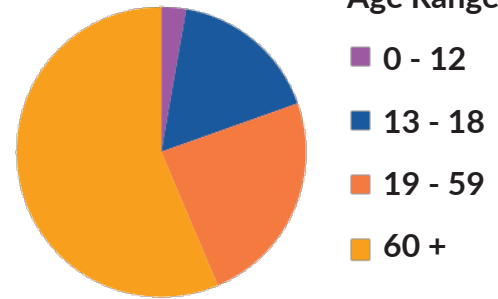
SamaraCare along with North Central College was honored to host Send Silence Packing, a nationally recognized traveling exhibition of donated backpacks representing college students lost to suicide each year. The program—designed to raise awareness about the incidence and impact of suicide, connect people to needed mental health resources, and inspire action for suicide prevention—was experienced by over 4,000 people.



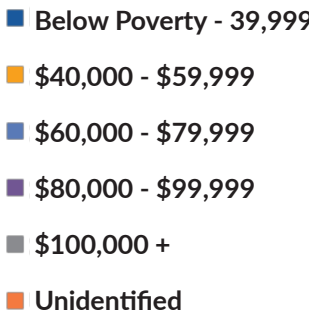
SamaraCare wants the importance of mental health, access to mental health and the pursuit of mental health to be pervasive. We invite you to talk about mental health openly and honestly, and help put the stigma of mental health far behind us.

# There is no Health without Mental Health

For all ages



and all means



**\$471,102**  
of fee subsidized care received  
by 465 clients

450 donations made to our  
Mental Health Access Program  
— helping people to

Choose Stronger

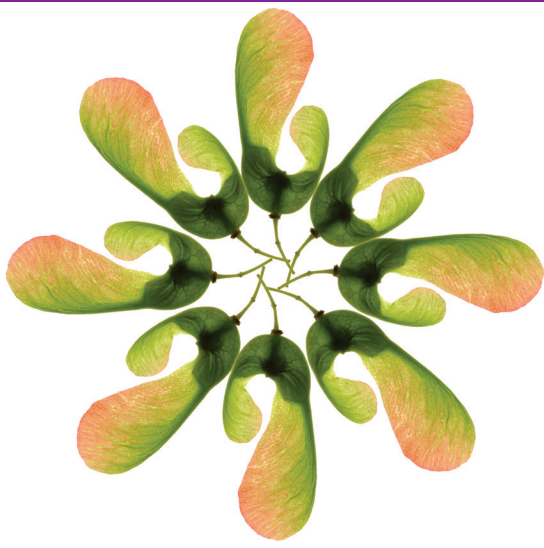
13,839 hours of treatment for 1,433  
individuals, couples and families

# February 16, 2017

We debuted SamaraCare, our new name . Our 45th anniversary sparked an initiative to develop a greater presence in the community, create messaging that reached a larger audience, made it easier for people to get the care they need, and renewed our dedication to speak out and challenge the stigma surrounding mental health care.

## What is a Samara?

Samara has two definitions both which suit us perfectly because they relate to our founding churches and tie-in with the aspirations we have for our clients. The word samara has origins in Hebrew and means: protected by God. It's also a winged seed that can fly to fertile ground where it can grow and flourish.



# 10<sup>th</sup> Annual Silent Samaritans Breakfast

We hosted the 10th Annual Silent Samaritans Breakfast on February 16, 2017. A beloved community event, the Silent Samaritan's Breakfast is based on a simple idea full of quiet power: women helping other women in need.

The goal of the Silent Samaritans Program is to raise funds to provide counseling services to women who come to SamaraCare but cannot afford services.

They are women in difficult financial circumstances due to divorce, job loss, or abandonment. They are mothers parenting alone, widows isolated in their bereavement, married women in failing relationships, and survivors of domestic abuse.

## THANK YOU TO OUR DONORS!

Together we help people achieve their greatest potential. For a complete donor list and financial statements visit [samaracarecounseling.org/about-us/annual-reports/](http://samaracarecounseling.org/about-us/annual-reports/)

# Bridge Communities

SamaraCare is delighted to celebrate our collaboration with Bridge Communities, a non profit serving homeless families in DuPage County with mentoring, housing, and supportive services. "Bridge Communities is very pleased to have partnered with SamaraCare over the past two years. We're proud to count their counseling services as a core part of our offerings. Trauma-informed care is essential for the families we serve to stabilize and ultimately achieve self-sufficiency," says John Hayner, Bridge CEO.



"SamaraCare is where I get counseling, and it is one of the best things to have ever happened to me. It helps me relieve my pressure and keep my sanity." Kate, Bridge Communities & SamaraCare client



# WORKING TOGETHER TO HELP PEOPLE ACHIEVE THEIR GREATEST POTENTIAL

## **SUSTAINERS \$10,000 AND MORE**

City of Naperville  
Community Memorial Foundation  
DuPage County Human Services  
Exchange Club of Naperville  
Knox Presbyterian Church  
Ginny Lacy  
Naperville Township  
Our Saviour's Lutheran Church  
Rotary Clubs of Naperville

## **BENEFACTOR \$9,999 TO \$5,000**

David and Barbara Burkhardt  
Good Shepherd Lutheran Church  
Molex Incorporated  
Naperville Mayor's Charity Fund  
Northwestern Medicine  
Lee Selander and Iris Hannon  
St. Raphael Catholic Church  
St. Thomas the Apostle

## **PARTNERS \$4,999 TO \$2,500**

BMO Harris Bank Naperville  
Community United Methodist Church  
Edward and Patty Crylen  
St. Margaret Mary Catholic Church  
Sts. Peter & Paul Catholic Church

## **SPONSORS \$2,499 TO \$1,000**

Advisors Charitable Gift Fund  
Brian and Deb Beaird  
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C. Clarke and June Imbler  
In honor of Nancy Sayer and Scott Mitchell  
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Melvin and Kimberly Kim  
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Naperville Bank & Trust  
Naperville Christian Church  
Naperville Jaycees  
Navistar, Inc.  
Nicor Gas  
Notre Dame Catholic Church  
Our Lady of Mercy Catholic Church  
Kenneth and Margaret Overholt

River Glen Presbyterian Church  
Russell and JoAnn Sault  
James and Kathy Schlessor  
Marti and Jim Schmidt  
Ray and Mary Schulte  
St. John's Lutheran Church  
Maureen Sullivan Taylor  
Bill and Anne Wentz

## **SAMARITANS \$999 TO \$500**

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In honor of Karen Van Iten  
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Klein Hall CPAs  
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Greg Mercer  
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National Van Lines  
Northern Trust Company  
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Raymond James  
Kathi Regas  
Marlin and Margaret Reishus  
James and Maureen Sault  
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Duane and Connie Tiede  
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Pamela and Doug Wilson

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Norman and Esther Redelsheimer  
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Mary Jane Schermer  
Pamela Schwer  
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In memory of Mildred Slezak  
James and Alice Snelgrove  
Harold and Katherine Spinka  
Robert and Janet Van Iten

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In honor of Karen Van Iten  
Pamela Vincent  
Celeste Wagner  
Donald and Mary Jo Weber  
Suzanne Welsh

Dennis and Rosemary Wisnosky  
Jill Wittwer

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Virginia Battle  
In memory of Dave and Jo Battle  
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Floyd and Marilyn Ermer  
Verna Maria Fair  
Harris and Ruth Fawell  
Mary French  
In memory of Frank Raymond Gallagher  
Kathy Gingrich  
Michael and Joan Grzeskowiak  
David and Lisa Hamman  
Pete and Sue Harvey  
Linda Haworth  
Eric and Patricia Heinekamp  
Gloria Henderson  
Bruce and Saralea Holstrom  
Shaylene Hoover  
Lara Hrynko  
In appreciation of Ken and Kathy Parenti  
Nick and Dee Huie  
Nancy Hull  
Paul and Mary Ann Junkroski  
Dagmar Kauffman  
Anju and Samir Khanna  
Donald and Heather Klenner  
David Kruse  
Mary and Richard Kuhn  
Susan Lampariello  
Leo and Carolyn LeSage  
Hermine Leuring  
Bruce and Delores Lund  
Jo Lundeen  
Karyn Malm  
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Patricia Minta  
Susan Mitchell  
In appreciation of Sister Pat Kolas  
Mark Mitrovich  
James and Carol Nelson  
Jennifer and David Patzelt  
Uda Potgieter

John and Linda Rossi  
Anne Schultz  
Ashley Schwabe  
Kathryn and Gary Severyn  
Kim Spayer  
Jerome and Gail Springborn  
Nancy and Eric Storm  
Tracy and Eric Takeda  
Adelina Tulo  
Madhu Uppal  
Denise Vaughn  
Mary Walsh  
Bonnie Wayman-Dodd  
W. F. and Maria Wilson

## **CLINICAL STAFF**

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Rev. Michael Bradburn, D. Min., LCSW  
Susan English, LCSW, CADC  
Donna Fletcher, LCSW  
Monica Guilhot -Chartrand, LCSW  
Starlene Kelley, LCSW, CADC  
Gail Meyer, LCSW  
Rev. Howard Milkman, Ph.D., LCPC  
Genalin Niere-Metcalf, R.N., MA, Psy.D.  
Tracy Takeda, MA, LCPC  
Jeremy Omerod, MA, LCPC  
Rev. Kenneth Potts, MS, D. Min  
Charlene Slezak, Psy.D.  
Philip Vedova, MA, LPC  
Dana Wagner, Psy.D., CADC

## **CONSULTING STAFF**

Nancy Sayer, MS, PCC Director  
Amy Altenbern  
Rev. Dr. Michael W. Bradburn, LCSW  
Susan Tamborini Czolgosz

## **ADMINISTRATION**

Deb Carroll  
Karen Doyle  
Kris Eike  
Kim Grochmal

## **Corporate Matching Gifts**

AbbVie Foundation  
Allstate Insurance  
Illinois Tool Works Foundation  
Phoenix Closures, Inc.  
Salesforce.com Foundation  
Umpqua Bank  
Unilever Foundation  
United Health Group

**Thousands of companies will double - or triple - their employees' charitable contributions.  
Find out if your company matches gifts.**

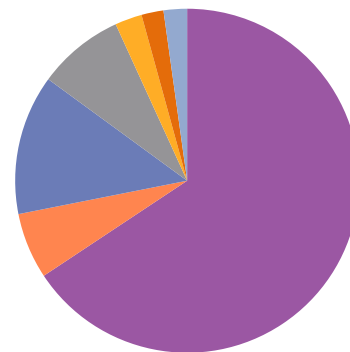
# Financials



For years end June 30, 2017

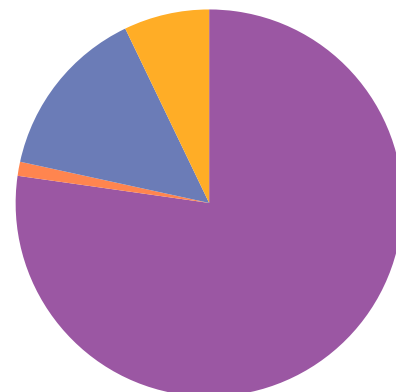
Public Support and Revenue	2017	2016
Total Counseling Fees	\$2,254,062	\$2,342,137
Less Fee Subsidy	(\$471,102)	(\$476,447)
Less Managed Care Discounts	(\$471,131)	(\$455,010)
Net Counseling Fees	\$1,311,829	\$1,410,680
Consulting Fees	\$123,997	\$261,018
Counseling Contributions	\$262,729	\$261,029
Consulting Contributions	\$162,500	\$200,000
Special Events	\$50,789	\$31,047
In-Kind Donations	\$41,396	\$17,431
Rental\Interest\Other	\$44,017	\$43,487
<b>Total Public Support and Revenue</b>	<b>\$1,997,257</b>	<b>\$2,224,692</b>
<b>Expenses</b>		
Program Services	\$1,561,214	\$1,605,836
Rental Operations	\$23,738	\$27,075
Management and General	\$291,891	\$314,619
Fundraising	\$144,303	\$126,147
<b>Total Expenses</b>	<b>\$2,021,146</b>	<b>\$2,073,677</b>
Change in Net Assets	\$(23,889)	\$151,015
<b>Assets</b>		
Current Assets	\$672,716	\$920,797
Net Property and Equipment	\$935,473	\$984,674
Intangible Assets	\$84,320	\$9,000
Cash and equivalents-permanently restricted	\$7,500	\$7,500
Other long-term assets	\$14,000	\$16,594
<b>Total Assets</b>	<b>\$1,714,009</b>	<b>\$1,938,565</b>
<b>Liabilities</b>		
Total Current Liabilities	\$291,826	\$448,851
Mortgage Payable (less current)	\$648,219	\$691,861
Total Liabilities	\$940,045	\$1,140,712
Total Net Assets	\$773,964	\$797,853
<b>Total Liabilities and Net Assets</b>	<b>\$1,714,009</b>	<b>\$1,938,565</b>

Sources of Funding



- Net Counseling Fees
- Consulting Fees
- Counseling Contributions
- Consulting Contributions
- Special Events
- In-Kind Donations
- Rental\Interest\Other

Operating Expenses



- Program Services
- Rental Operations
- Management and General
- Fundraising