

## OUR VISION

Our vision is that nothing stands in the way of people getting the care needed to reach their greatest potential.

## OUR MISSION

We foster emotional, relational, and spiritual well-being through access to affordable life-changing care.

## BOARD OF DIRECTORS

Chair: Annette Roder Zulawski  
ARZ Leadership Advisor

Vice Chair: William Smith  
Beard Group

Treasurer: Mary Lynn Hoffer  
DHJJ

Secretary: Janet Hagen  
Brown & Brown

## AT-LARGE

Theresa Atkins,  
KeHe Distributors

Patricia Carl  
Highland Performance Solutions

Mary Doyle  
Aspirent

Edward Graham  
Law Office of Edward P. Graham

Michelle Grotto  
CIBC US Financial Services

Zachary Larsen  
IntentGen Financial Services

Waldo Pacheco  
Engage Creative

Kelly Ryan  
Endeavor Health

Rev. Dr. Scott Mitchell  
SamaraCare

## ADMINISTRATIVE LEADERSHIP

Rev. Dr. Scott Mitchell  
President & CEO

Dr. Michael Bradburn  
Executive Director

Dr. Tom DiMatteo  
Medical Director

Monica Guilhot-Chartrand  
Clinical Director – West Region

Joellen Hosler  
Clinical Director – North Region

Paul O'Brien,  
Director of Finance & Administration

William B. Peterson  
Director of Development –  
Corporate and West Region

Anita Scott,  
Director of Development –  
North Region

## LETTER FROM OUR LEADERSHIP

### “EVERY MOMENT IS A FRESH BEGINNING.”

— T. S. ELIOT

Dear Friends,

Fiscal Year 2024 was a time of meaningful growth and planned transition for SamaraCare. We expanded our services, grew our team, and furthered our mission—all while keeping our commitment to advancing affordable access to mental health care.

After 36 years of dedicated service, our esteemed CEO & President, Rev. Dr. Scott Mitchell, will retire on December 31, 2024. We're deeply grateful for Scott's incredible impact, guiding SamaraCare to become a trusted resource for so many. He leaves us in capable hands with Rev. Dr. Mike Bradburn, who brings over a decade of experience with SamaraCare as a therapist, Clinical Director, and Executive Director.

As the incoming CEO & President, Mike will carry forward our mission with a focus on purposeful growth, new partnerships, and offering reduced cost care for everyone, regardless of their financial circumstances. This past year, we continued to expand our strategic goal of becoming a medical home. That means we are improving client outcomes by offering medical and therapeutic services under one roof. Our recent partnership with Summit Clinical Services has added six counselors and three psychiatrists, allowing us to increase our presence in DuPage County and beyond. With these new team members, along with our experienced Psychiatric Nurse Practitioner, we're proud to have served over 3,162 clients—our highest number yet!

We look forward to the future with excitement, inspired by the trust and generosity of supporters like you. Thank you for being part of our journey.

With gratitude,



Dr. Michael Bradburn, LCSW  
Executive Director



Dr. Scott Mitchell, PsyD  
CEO & President



# MORE THAN HALF

OF ADULTS WITH A MENTAL ILLNESS DO NOT RECEIVE TREATMENT, TOTALING OVER 27 MILLION U.S. ADULTS.



## ONE IN FOUR

Americans reported having to choose between getting mental health treatment and paying for daily necessities.

### DID YOU KNOW?

There are **NOT ENOUGH** mental health professionals to serve the needs of those in our service territory.

### Financial Burden

Clients with out-of-network coverage face higher out-of-pocket costs and may forego care.

- \$3,670 is the average annual out-of-pocket cost for mental health care.
- \$10,836 is the average annual health care cost for those with major depression.
- 31% of Americans feel mental health treatment is financially beyond their reach.

Source: Insurance acceptance and cash pay rates for psychotherapy in the US, Health Affairs Scholar, Volume 2, Issue 9, September 2024



### OUT OF NETWORK USE

Out-of-Network providers are used more for mental health services than general health care among those privately insured.

**Clients are:**

- 3.5 times more likely to seek out-of-network care for behavioral health.
- 8.9 times more likely for psychiatrists
- 10.6 times more likely for psychologists.

## Donors Fuel Our Mental Health Access Program

SamaraCare wants everyone to have access to affordable, high-quality counseling and psychiatric services, regardless of insurance status or financial circumstances. For that reason, we created the Mental Health Access Program which provides reduced-cost care to qualifying individuals, couples and families who are uninsured, under-insured or experiencing financial hardship. On average, 25-30% of our clients will need reduced-cost care.

### PROGRAM IMPACT

Clients benefiting from MHAP

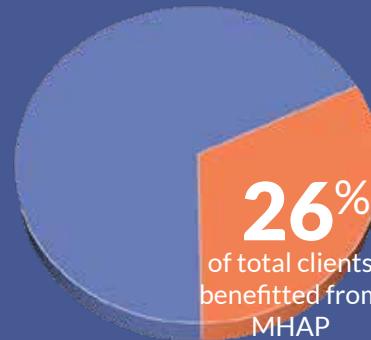
**812**

Fee subsidies

**\$546,376**

Uncompensated care by accepting low reimbursement insurance providers

**\$153,760**



*The program consists largely of donated revenue from individuals, corporations, congregations, special events, local government sources, as well as foundation and social service grants.*

## Community Impact Summary

### Organizational Highlights

- Joined forces with Wheaton-based Summit Clinical Services adding 3 psychiatrists, 6 therapists and 4 administrative staff to our team.
- Received 4-year re-accreditation from Solihten Institute.
- 165 attendees at special event in May to support our Mental Health Access Program.
- Hired Psychiatric Nurse Practitioner to expand reduced cost psychiatric care
- \$60,000 first time funding from Lisle Township
- \$680,000 raised in donated revenue.

### Clinical Highlights

- 29,829 clinical hours
- 3,162 clients served
- Clients served by County:  
Cook: 537; DuPage: 1,726; Kane: 221; Kendall: 80;  
Lake: 67; McHenry: 18; Will: 411; Other: 71
- Clinical Staff: Counseling: 24 ; Psychiatry: 8; Interns: 3
- Referral Sources: Family/Friends: 30%; Website: 13%;  
Congregations: 13%; Former Clients: 11%; Physicians:  
11%; Insurance: 7%; Other:15%

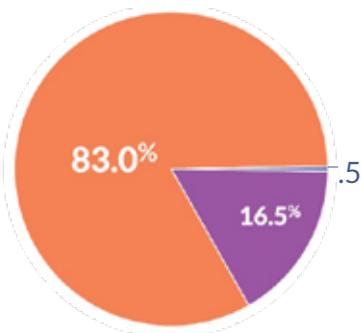
### Client Impact

The impact of our counseling services is measured using the Global Assessment of Functioning and a Client Satisfaction Survey.

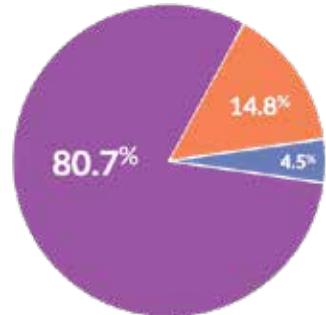
#### 2024 client survey results:

- 91% improved their social/emotional functioning after 10 or more sessions.
- 85% agreed clinical care helped them achieve therapeutic/personal goals.
- 91% agreed clinical care led to better life satisfaction.
- 89% agreed clinical care led to positive behavioral changes.
- 88% agreed clinical care improved their coping skills.
- 93% rated their mental health progress as good or better.
- 95% agreed their counselor's/psychiatrist's treatment was helpful.
- 93% were satisfied with the services they received from SamaraCare.

## Financial Information



Support & Revenue	Amount	%
Donations/Grants	817,637	16.5
Counseling/Consulting Fees	4,102,731	83.0
Other/Donated Services	21,783	.5
<b>Total Revenue</b>	<b>4,942,151</b>	<b>100.0</b>



Expenses	Amount	%
Program Services	3,762,164	72
Management & General	1,254,866	24
Fundraising	215,577	4
<b>Total Expenses</b>	<b>4,746,803</b>	<b>100.0</b>

SamaraCare is uniquely qualified to offer spiritually integrated counseling for those interested.