FY26 IMPACT REPORT

SamaraCare
Choose Stronger



isn't just a number.

The Whole Story

Together, We're Changing Lives Through Affordable Access to Emotional, Relational and Spiritual Care.

samaracarecounseling.com

A MESSAGE FROM OUR CEO & PRESIDENT

What the Numbers Don't Tell You

Dear Friends,

Every year, we count the people we serve, the hours of care we provide, and the resources entrusted to us. We need those numbers—they help us measure our reach and hold ourselves accountable. But numbers cannot tell the whole story.

They can't tell you what it means for someone to finally ask for help. They cannot capture the relief of being heard without judgment, the courage it takes to begin again, or the difference a trusted relationship can make. They cannot fully measure what happens when care is available to someone who could not otherwise afford it. They can't measure the quiet shift when someone begins to see themselves differently, reconnects with a relationship, finds meaning, or simply realizes they do not have to navigate something alone.

That is the story we see at SamaraCare every day. And it is a story made possible by our clinicians and staff, our community partners, our Board, and the donors who believe that mental health care should recognize the whole person—and be within reach for every person asking for help.

As we look back on this year, I am grateful for what we accomplished. But even more, I am grateful for what those accomplishments represent: people finding support, discovering possibility, and taking their next step.

That is the whole story. And it is one we are honored to continue writing together.



Dr. Michael Bradburn
CEO & President

OUR MISSION

We foster emotional, relational, and spiritual well-being through access to affordable, life-changing care.

OUR VISION

Nothing stands in the way of people getting the care they need to reach their greatest potential.

OUR GOALS

- **Expand affordable access:** Offer high-quality mental health services to everyone, regardless of financial circumstances or insurance status.
- **Improve lives:** Help clients build resilience, strengthen well-being, and become more self-sufficient.



The Whole Story

Together, We're Changing Lives Through Affordable Access to Emotional, Relational and Spiritual Care.



THE WHOLE STORY IS ABOUT

People

4,069

clients served isn't just a number. It's 4,069 people who walked through our doors looking for something to change.

THE WHOLE STORY IS ABOUT

Time

38,370

hours of clinical care. Each hour representing time set aside to listen, understand, and help someone navigate what comes next. Together, they are part of the whole story.

THE WHOLE STORY IS ABOUT

Community

Mental health doesn't happen in isolation. Through partnerships with families, congregations, workplaces, schools, fellow non-profits, and communities we create a network of care that extends far beyond our offices.

THE WHOLE STORY IS ABOUT

More Than Therapy

Sometimes the support someone needs is a therapist. Sometimes it's a psychiatrist, a spiritual director, a coach, or simply a place where they can be heard. SamaraCare has room for all of it.

THE WHOLE STORY IS ABOUT

Access

1,677

people received reduced-cost care, because the whole story of mental well-being begins with having access to affordable care.

THE WHOLE STORY IS ABOUT

The Whole Person

Mental health is never just about symptoms. It's about relationships, identity, purpose, beliefs, family, and the life experiences that shape us.

THE STORY BEHIND THE STORY

Our Donors

Our donors make more than programs possible. They help create conditions for people to access care, connection, and support when they need it. Their generosity is woven into every chapter of our story, making a lasting difference in the lives of those we serve.

THE WHOLE STORY IS ABOUT

Strong Foundations

A strong organization isn't simply good management. It's the foundation that allows SamaraCare to be here when people need us most.

OUR IMPACT AT A GLANCE | FY2026

Founded in 1971 to address unmet mental health needs, SamaraCare has spent over five decades expanding affordable access to quality care. Today, we provide counseling and psychiatric services to individuals, couples, and families across seven counties in northeastern Illinois.

4,069
CLIENTS SERVED

- Counseling clients 1,134
- Psychiatric clients 2,935

38,370
CLINICAL HOURS DELIVERED

- Counseling clinical hours 18,915
- Psychiatric clinical hours 19,455

$675,769
DONATED REVENUE



THE DIFFERENCE CARE MAKES

Our impact goes beyond the number of clients served or hours of care delivered. Client-reported and clinician-rated outcomes show meaningful progress in symptoms, functioning, coping, and overall well-being.

CLIENT CLINICAL PROGRESS

89%

of clients demonstrated improved social, emotional, and occupational functioning during treatment.

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CLIENT SATISFACTION SURVEY HIGHLIGHTS

90.4% reported that the interventions provided by their care provider helped address their concerns.

93.0% rated their mental health as good or better after beginning therapy or psychiatric care.

86.2% reported being better able to manage daily responsibilities, including work, school, and home life.

87.4% reported an improved sense of well-being and life satisfaction after beginning therapy or psychiatric care.

86.0% reported developing effective tools and strategies for coping with challenges, conflicts, and stress.



MENTAL HEALTH ACCESS PROGRAM (MHAP)

Expanding Affordable Access Through the Mental Health Access Program

SamaraCare's Mental Health Access Program (MHAP), funded primarily through donated revenue, expands affordable access to counseling and psychiatric services for those facing financial or insurance barriers.

MHAP BY THE NUMBERS | FY2026

1,677
Clients served

6,747
Discounted clinical hours delivered

$607,298
Fee reductions

$68,471
Low reimbursement insurance gap

WHO WE SERVED



of MHAP clients reported household incomes at or below 250% of the Federal Poverty Level



females | ages 5–24 | age 65+ | racial or ethnic minorities | single

FINANCIAL STEWARDSHIP

SamaraCare is committed to responsible stewardship of the resources entrusted to us. Our financial results demonstrate a strong investment in programs and services that directly support the individuals, couples, and families we serve.

83.83% of total expenses supported program services, reflecting SamaraCare's focus on directing resources toward our mission and the people we serve.

Support and Revenue	Amount	%
Contributions	$675,769	9.83%
Counseling/Consulting Fees	$6,159,688	89.58%
Donated Services	$3,540	0.05%
Interest Income	$29,697	0.43%
Other	$7,756	0.11%
Total Revenue	**$6,876,450**	**100.0%**

Expenses	Amount	%
Program Services	$5,706,028	83.83%
Management & General	$800,881	11.77%
Fundraising	$300,155	4.41%
Total Expenses	**$6,807,064**	**100.0%**

BOARD OF DIRECTORS

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Clinical Director

Paul O'Brien
Director of Finance & Administration

William Peterson
Director of Development

Anita Scott
Director of Communications & Development

Expanding Affordable Access. Delivering Care. Changing Lives.

Thank you to our clients, clinicians, donors, volunteers, staff, community partners, and supporters for helping SamaraCare expand affordable access to mental health services.

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